



Essential Race Information

Event Base and Starting Line

The event base and starting line for the Monkey Derby is at Les Landes Race Course.

Parking Information

We have parking available both at Grosnez and outside Les Landes Race Course. However, we can't provide parking inside the race course grounds. Given that parking spaces are limited, we encourage carpooling or being dropped off at the starting line.

Half Marathon Schedule

Race registration is open from 7pm - 7:45pm on 30th June 2023. Race numbers and T-shirts (for those who registered within the T-shirt deadline) will be available. After 7:45pm, latecomers won't be able to register.

Race briefing starts at 7:50pm and the Half Marathon begins at 8pm sharp.

1 Loop and 2 Loop Races Schedule

Registration for these races runs from 8:05pm – 8:35pm on 30th June 2023. The briefing begins at 8:40pm, with the races starting at 8:45pm.

Environment and Trail Safety

We have a "leave no trace" policy. Please dispose of any trash responsibly or hold on to it until you find a suitable bin. The coastal paths can be technical and slippery, so wear good grippy shoes and be considerate of other path users.

Refund & Deferral Policy

If you cancel 1 months before race day, you're entitled to a 75% refund. Cancellations made up to 2 weeks before race day can be deferred to another Trail Monkey event within the same 12 months. No refunds or deferrals will be available within a week of race day, unless you volunteer to marshal on the day.

COVID-19 Precautions

Runners displaying any Covid-19 symptoms will be asked not to attend the race. Runners must sanitise their hands at aid stations.

The Course

We have a course flyover video and a course description available on our website:

<https://trailmonkeyjersey.com/the-monkey-derby-sundown-race/>

Race Pack Contents

Your race pack will include an event T-Shirt and a race number.

During the Event

Marshals will be on the course and there will be an aid station at the race start area, providing water, light snacks, and fizzy drinks. At the end, we'll have soft drinks, cake, and beer (alcoholic and non-alcoholic).

Minimum Kit Requirements

You'll need trail shoes, a cup (for environmental reasons), sufficient calories to last between each checkpoint, a charged phone with the Race Director's number saved for emergencies, the app What3words, and a headtorch.

Course Details

The course is a 4.4-mile loop. Trail shoes are mandatory due to the technical, rocky nature of the trails. The course will be marked and marshalled.

FAQs

Please visit our [website](#) for the answers to frequently asked questions.

Results

We'll post results on our website and Facebook page within 48 hours of the event end and will email them out to all competitors as well.

Contact Details

For emergencies during the event, call 999 first, then contact Race Director Paul Burrows on 07797 827383. For general queries, please email paul@trailmonkeyjersey.com

We hope you enjoy the race and look forward to seeing you on 30th June!

Paul Burrows